



# Sing Sing Sing!

**3:30pm Sunday, Jan 28th, 2024**

St. Philip's Anglican Church

3737 W 27th Ave

**Ieva Wool**  
*Director*

**Zsuzsanna Lukacs**  
*Accompanist*

With special guests  
**Brent Gubbels** - Bass  
**Todd Biffard** - Drums

**High  
Spirits  
Choir**

**[www.highspiritschoir.ca](http://www.highspiritschoir.ca)**

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## High Spirits Choir

### 🌿 Sing Sing Sing! 🌿

*Ieva Wool, music director*

*Zsuzsanna Lukacs, accompanist*

*Special guests: Brent Gubbels, bass; Todd Biffard, percussion*

Wana Baraka \* . . . . . trad. Kenyan, arr. Shawn Kirchner

Seasons of Love . . . . . Jonathan Larson, arr. Roger Emerson  
*soloists: Anita Perkins, Jen Balfour, Jonathan Chaplan,  
Kate Chang, Shelley Waldie*

Song for a Winter's Night \*\* Gordon Lightfoot, arr. Robin Salkeld

O Meu Maracatu \* . . . . Brazilian folk song, arr. Daniel Afonso Jr.

Dawn \* . . . . . Robert Bode and Eric William Barnum

Northern Lights \* . . . . . Ola Gjeilo, text from Song of Solomon

Zinga! . . . . . Steven Sametz

Bring Me Little Water, Silvy . . . . .  
Huddie Ledbetter (Lead Belly) (1888–1949),  
arr. Moira Smiley, body percussion by Evie Ladin

Kyrie . . . . . Josef Gabriel Rheinberger (1839–1901)

We Beheld Once Again the Stars \* . . . . . Z. Randall Stroope  
text by Dante Alighieri

Sweet Georgia Brown . . . . . Ben Bernie, Maceo Pinkard,  
and Kenneth Casey; arr. Greg Jasperse  
*soloists: Jonathan Chaplan, Shelley Waldie*

I Will Be Earth \* . . . . . Gwyneth Walker, poem by May Swenson  
*Soloists: Alaric Posey, Anita Perkins*

Good Night, Dear Heart \* . . . . . Dan Forrest  
text by Robert Richardson and Mark Twain

Sing, Sing, Sing . . . . . Louis Prima, arr. Darmon Meader  
*soloists: Jen Balfour, Jonathan Chaplan, Kate Chang,  
Megan Reiter, Sara Young, Shelley Waldie*

Irish Blessing . . . . . Joyce Eilers Bacak, trad. Irish text

High Spirits Choir respectfully acknowledges that today's  
performance takes place on the unceded traditional territories of the  
Coast Salish Peoples, specifically those of the xʷməθkwəy̓ə'm  
(Musqueam), Skwxwú7mesh (Squamish), and  
səl'ílwətaʔ (Tsleil-Waututh) Nations.

\* Texts and translations may be found on pages 8–10 of this program.

\*\* Music on loan from the BC Choral Federation Virtual Library.

# High Spirits Choir

**Ieva Wool**  
*Music Director*



Ieva Wool is a gentle and light-hearted conductor and singing teacher, with a passion for having fun and building community. Ieva's spirited and often cheeky leadership injects rehearsals – and concerts – with a good share of playfulness as well as musical magic. She brings her 25 years of experience as a trainer, group facilitator, and Gestalt therapist to her choirs and students. Ieva's singers learn a lot, and have fun doing it.

(In case you are not Latvian, Ieva is pronounced ee' eh vah.)

**Zsuzsanna Lukacs**  
*Accompanist*



The Hungarian pianist Zsuzsanna Lukacs was born in Targu Mures, Romania. She graduated from the Gheorghe Dima Academy of Music in Cluj-Napoca, obtained a "1er Prix de Virtuosit  " at the Lausanne Conservatory in Switzerland and a Master's Degree in Piano Performance at the University of British Columbia. Zsuzsanna studied chamber music at the European Mozart Academy in Poland. She has performed extensively both as a soloist and collaborative pianist in Europe, Canada, and the US.

## Soprano

Ali Davies	Juliana Sahn��
Anita Perkins	Kate Chang
Christina Reed	Pat Dutcher-Walls
Diana Gonzalez	Renee Froese
Franca Varelas	Suzanne Ryder
Gail Wynston	Sylvia Messer

## Alto

Betty Ann Rivers Wang	Lou Grant
Caroline Sniatynski	Marian Lowery
Johanne Lemaire	Megan Reiter
Kira Gerwing	Sara Young
Liesbeth Thoraval	Tilly Schalkwyk
Uta Aarj��s	

## Tenor

Andy Rose	Jonathan Chaplan
Bruce Dolsen	Neil Chong-Kit
Jen Balfour	Shelley Waldie
Stephen Douglas	

## Baritone / Bass

Alaric Posey	Ed Ho
Doug Abel	J��rgen Stumper
Martin Gerson	

## Do you love to sing?

High Spirits Choir welcomes new singers in February for our spring season. Rehearsals are Wednesdays, 7:00 – 9:30 pm, starting February 14. Good choral experience is a must; reading music is an asset.

For more information, visit [www.highspiritschoir.ca/join](http://www.highspiritschoir.ca/join).

Love High Spirits but want something that's not so demanding? Consider one of our sister choirs, Simple Gifts (Tuesdays 7:00 – 9:00 pm) or Afternoon Delight (Thursdays 1:00 – 3:00 pm), also conducted by Ieva. Contact her at 604-732-7418, [ieva@gottasing.ca](mailto:ieva@gottasing.ca), or [www.gottasing.ca](http://www.gottasing.ca).




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We extend our sincere appreciation for their generosity. If you would like to sponsor the choir, contact [highspiritstreasurer@gmail.com](mailto:highspiritstreasurer@gmail.com) to place your advertisement in a future program.

## Wana Baraka

music by Shawn Kirchner

This popular Kenyan folk song, sung in Swahili, expresses a joyful celebration of hope and health

<i>Wana baraka wale waombao</i>	They have blessings, those who pray;
<i>Yesu mwenyawe alisema. Alleluya!</i>	Jesus himself said so. Alleluia!
<i>Wana amani</i>	They have peace
<i>Wana furaha</i>	They have joy
<i>Wana uzima</i>	They have well-being.
<i>Alleluya!</i>	Alleluia!

## O Meu Maracatu

Brazilian folk song, arranged by Daniel Afonso, Jr.

The song celebrates numerous traditional percussion instruments: gonguê, tarô, surdo, ganzá, cuíca, and bombo

<i>Vamos coroa o nosso imperadô.</i>	Let's crown our emperor.
<i>O meu maracatu, maraca!</i>	My maracatu, maraca!
<i>Gonguê, tarô, surdo, e ganzá!</i>	Gonguê, tarô, surdo, and ganzá!
<i>O meu maracatu é imperia,</i>	My maracatu is imperial,
<i>Sua nação tem corte reá</i>	Its nation has a royal court,
<i>Tem baque de som, tem muito valô,</i>	It has a sonorous thud, it is worth much.
<i>Fazendo festis ao imperadô!</i>	Celebrating the emperor with a feast!
<i>Gonguê e tarô, surdo e ganzá,</i>	Gonguê, tarô, surdo, and ganzá!
<i>Cuíca de som, bombo centrá,</i>	Sonorous cuíca, central bombo,
<i>Boneca de seda de todo primô,</i>	Silk doll of great perfection.
<i>As dama de honra tem todo valô!</i>	The maids of honour have great prestige!

## Dawn

poem by Robert Bode

music by Eric William Barnum

From the door's soft opening  
And the day's first sigh,  
Filling the room,  
I see before me  
A life of doors,  
One opening on another, on another.  
Doors upon doors, and doors upon doors,  
And sighs, sighs upon sighs,  
Rising in a tide of mornings  
Rising, until that final sigh,  
And the last, the last morning  
And the last holy breath,  
Whispering "this..."

## Northern Lights

text from the Song of Solomon

music by Ola Gjeilo

<i>Pulchra es amica mea, suavis et decora filia Jerusalem,</i>	Thou art beautiful, O my love, sweet and beautiful daughter of Jerusalem,
<i>Pulchra es amica mea, suavis et decora sicut Jerusalem, terribilis ut castrorum acies ordinata.</i>	Thou art beautiful, O my love, sweet and comely as Jerusalem, terrible as an army set in array.
<i>Averte oculos tuos a me quia ipsi me avolare fecerunt.</i>	Turn away thine eyes from me, for they have made me flee away.



## **We Beheld Once Again the Stars**

text from the Divine Comedy of Dante Alighieri

<i>Ma la notte risurge</i>	But soon it will be night
<i>Oramai è da partir</i>	Now is the time to leave this place
<i>Ché tutto veduto</i>	For we have seen and experienced it all
<i>Ritornar!</i>	Return!
<i>Vexilla Regis prodeunt inferni.</i>	The wings of hell's demon are coming closer.
<i>Salimmo sù, tanto ch'i' vidi</i>	I climbed upward, looking only forward
<i>De le cose belle che porta'l ciel, per un pertugio tondo</i>	To see heaven's beauty through a circular opening,
<i>Quindi uscimmo a riveder le stelle.</i>	And from there emerged to behold once again the stars

## **I Will Be Earth**

poem by May Swanson

I will be Earth, you be the flower  
You have found my root, you are the rain.  
I will be boat, and you the rower  
You rock me, you toss me, you are the sea  
  
How be steady earth that's now a flood?  
The root is the oar afloat where has blown our bud.  
We will be desert, pure salt the seed.  
Burn radiant love, born scorpion need.

## **Good Night, Dear Heart**

This text is taken from the headstone that Mark Twain (Samuel Langhorne Clemens) placed at the grave of his daughter Susy when she died at age 24. Twain based it on an earlier poem by Robert Richardson.

Warm summer sun, shine kindly here  
Warm southern wind, blow softly here  
Green sod above lie light, lie light  
Good night, dear heart  
Good night, good night

## **Thanks to our supporters!**

We wish to thank you — our generous friends and supporters, who have over the years helped us keep the magic and the music alive! Your contributions are vital to assist in covering the costs of music scores, rehearsal hall rental, and scholarships.

We accept with gratitude any and all donations. The Vancouver High Spirits Choral Society is a registered non-profit charity, and donations greatly assist us in covering the costs of bringing music to care homes and others who would otherwise be unable to experience the joy of live music. We also believe that no singer should be turned away for financial reasons.

Our volunteers in the lobby today can accept donations by cash, cheque, or credit card.

If you prefer, you can also:

✉ Mail a donation to  
High Spirits Choir, c/o Ieva Wool  
323 – 333 Wethersfield Drive  
Vancouver, BC V5X 4M9 Canada

✉ Use our website [highspiritschoir.ca](https://www.highspiritschoir.ca) to donate online  
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